

# Quick Assessment for Domestic Violence



## Physical Violence

Assessment Area	Specific Behaviors/incidents
Physical Harm	Incidents of hitting, slapping, punching, choking, etc.
Threats	Threats to harm the victim or their loved ones.
Use of Weapons	Use or display of weapons to intimidate or harm.

## Sexual Violence

Assessment Area	Specific Behaviors/incidents
Non-Consensual Activities	Forced sex or sex acts while victim is unconscious.
Sexual Coercion	Pressure to engage in sexual activities through threats or manipulation.

## Emotional & Psychological Abuse

Assessment Area	Specific Behaviors/incidents
Gaslighting	Manipulation to make the victim doubt their own reality.
Isolation	Preventing the victim from seeing friends and family.
Intimidation	Behaviors that instill fear, such as yelling, smashing objects, or making threatening gestures.

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## Economic Abuse

Assessment Area	Specific Behaviors/incidents
Control Over Finances	Restricting access to money, taking the victim's earnings, or giving an allowance.
Employment Sabotage	Interfering with the victim's job by harassing them at work, preventing them from going to work, or forcing them to quit.
Economic Dependence	Creating financial dependence by sabotaging the victim's efforts to gain financial independence.

## Coercive Control

Assessment Area	Specific Behaviors/incidents
Dominating Behaviors	Forced sex or sex acts while victim is unconscious.
Surveillance	Pressure to engage in sexual activities through threats or manipulation.
Creating Dependence	Preventing the victim from obtaining support, making them reliant on the abuser.

## General Safety & Risk Assessment

Assessment Area	Specific Behaviors/incidents
Previous Violence	History of past violence, including frequency and severity.
Substance Use	Use of drugs or alcohol by the abuser that leads to or exacerbates abusive behavior.

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## General Safety & Risk Assessment (continued...)

Assessment Area	Specific Behaviors/incidents
Mental Health	Any mental health issues that might influence the abuser's behavior.
Children's Exposure	Witnessing or being involved in the abusive incidents.
Lethality Indicators (High Risk)	Presence of extreme risk factors such as threats to kill, strangulation, or access to weapons.

## Behavioral Specificity

Assessment Area	Specific Behaviors/incidents
Patterns of Abuse	Forced sex or sex acts while victim is unconscious.
Emotional Manipulation	Pressure to engage in sexual activities through threats or manipulation.
Control Tactics	Preventing the victim from obtaining support, making them reliant on the abuser.
Support Systems	Assessing the victim's access to support systems, such as friends, family, or community resources.
Legal & Institutional Abuse	Use of the legal system to harass or control the victim, such as false accusations or manipulating court processes.
Victim's Coping Strategies	How the victim copes with the abuse, including any strategies they use to stay safe or protect their children.